# SHOPPING LIST

The faster you shop, the less you spend. Nothing forgotten, lots of money saved.

**Weekly budget:** $

Budget: $

Budget: $

## s

Budget: $

## IN

Budget: $

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Budget: $

Budget: $

# MEAL PLANNER

**Saturday**

**Friday**

**Thursday**

**Wednesday**

**Tuesday**

**Monday**

**Sunday**

Save money and time by planning meals for the next couple of days

before you shop.

