

# College Grocery List

## Breakfast items

- PEANUT BUTTER
- LOAF OF BREAD
- CHIA SEEDS
- PROTEIN BAR
- PROTEIN SHAKE
- MIX
- YOGURT
- FRUIT
- GRANOLA
- HONEY
- INSTANT OATMEAL
- EGGS
- TORTILLAS
- SAUSAGE
- BACON
- SALSA
- CHEESE

## Lunch items

- JELLY
- PREMADE SALADS
- HUMMUS
- CARROTS
- CELERY
- TURKEY
- LETTUCE
- TOMATOES
- PITA CHIPS
- TURKEY DELI MEAT
- CONDIMENTS FOR
- SANDWICHES (MAYO,
- MUSTARD, ECT.)

## Dinner items

- VEGGIE STEAMER
- BAGS
- INSTANT BROWN
- RICE
- TERIYAKI SAUCE
- FROZEN MEATBALLS
- FROZEN PIZZA AND/OR
- PIZZA BITES
- CHICKEN BREAST
- ROTISSERIE CHICKEN
- INSTANT MASHED
- POTATOES
- GRAVY PACKETS
- FRESH VEGGIES
- BAGS OF SALAD
- PASTA NOODLES
- PASTA SAUCE

## Snacks

- PRETZELS
- BERRIES
- APPLES
- BANANAS
- CHEESE STICKS
- BEEF STICKS
- GRANOLA BARS
- MIXED NUTS
- TRAIL MIX

## Treats

- MUG CAKE MIX
- HALO TOP ICE CREAM
- HOT CHOCOLATE
- BISCOTTI COOKIES
- RICE KRISPIES CEREAL
- MARSHMALLOWS
- BUTTER