Food Pantry Grocery List

Canned Food Vegetables

❏ Whole Kernel Corn

❏ Creamed Corn

❏ Cut Green Beans

❏ French Style Green Beans

❏ Black Beans

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ❏ | Dark Red Kidney Beans | Dry lagoon | ❏ | Sausage patties |
| ❏ | Vegetarian Beans | ❏ White Rice | ❏ | Pollock 2 pound bag |
| ❏ | Chick Peas | ❏ Brown Rice | ❏ | Chicken Breasts 5 |
| ❏ | Peas | ❏ Small Red Beans |  | pound bag |
| ❏ | Spinach | ❏ Green Split Peas |  |  |
| ❏ | Mixed Veggies | ❏ Yellow Split Peas | Dairy |  |
| ❏ | Diced Tomatoes | ❏ Lentils | ❏ | Cheddar Cheese |
| ❏ | Diced Potatoes | ❏ Navy Beans | ❏ | Milk Voucher |
|  |  | ❏ Great Northern Beans |  |  |

Boxed Meal

❏ Hamburger Helper

❏ Rice a Roni

❏ Macaroni and Cheese

Noodles

❏ Spaghetti

❏ Egg noodles

❏ Ramon

Fresh Vegetables

❏ Onions

❏ Tomatoes

❏ Green Peppers

❏ Yellow Zucchini

❏ Zucchini

❏ Cucumbers

❏ Cabbage Meat

Fruit

❏ Peaches

❏ Apricots

❏ Mixed fruit

❏ Pears

❏ Pumpkin

❏ Plums

❏ Applesauce

Meat

❏ Beef

❏ Pork

❏ Salmon

❏ Tuna

Soups

❏ Tomato

❏ Cream of Mushroom

❏ Vegetarian Vegetable

Sauces

❏ Pasta sauce

❏ Tomato Sauce



Condiments

❏ Mayonnaise

❏ Catsup

❏ Mustard

❏ Sweet Relish

❏ Grape Jelly

❏ Peanut Butter

Miscellaneous

❏ Grapefruit Juice

❏ Orange Juice

❏ Sun maid Raisin

❏ Dried Cherries

❏ Fig Pieces

❏ Cranberries

❏ Fruit and Nut Mixture

❏ Walnuts

❏ Pecans

Bread/deserts

❏ Bread

❏ Various Deserts

Breakfast cereal

❏ Various