MEDICATION TRACKER

The 12-Dose Regimen for Latent Tuberculosis (TB) Infection

Your Medication Schedule

(Providers: Indicate the appropriate number of pills and day)

Medicine	Number of pills per week	Frequency	Day
Isoniazid: ____ mg Rifapentine: ____ mg	TOTAL: _____ (Isoniazid: _____, Rifapentine: _____)	Once a week for 12 weeks (3 months)	M T W Th F S Sun

Your doctor may also add Vitamin B6 to your treatment plan.

Keeping Track of Your Treatment

On the table below, check the box and write the date to show when you took your medicine.

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
EXAMPLE 5/7 - 5/13	☐ _____	☒ 5/8	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____
Week 1	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____
Week 2	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____
Week 3	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____
Week 4	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____
Week 5	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____
Week 6	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____
Week 7	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____
Week 8	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____
Week 9	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____
Week 10	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____
Week 11	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____
Week 12	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____

Centers for Disease Control and Prevention
National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention

www.cdc.gov/tb

CS292653B

SYMPTOM CHECKLIST

The 12-Dose Regimen for Latent Tuberculosis (TB) Infection

Patient Name: _____

Normal Side Effects

Most people can take their TB medicines without any problems. The rifapentine medicine may cause your urine (pee), saliva, tears, or sweat to appear an orange-red color. This is normal and the color may fade over time.

STOP taking your medicine and CALL your TB doctor or nurse right away if you have any of the problems below:

- ☐ Dizzy or lightheaded when sitting or standing
- ☐ Less appetite, or no appetite for food
- ☐ Stomach upset, nausea, or vomiting
- ☐ Stomach pain or stomach cramps
- ☐ Pain in your lower chest or heartburn
- ☐ Flu-like symptoms with or without fever
- ☐ Severe tiredness or weakness
- ☐ Fevers or chills
- ☐ Severe diarrhea or light colored stools (poop)
- ☐ Brown, tea-colored, or cola-colored urine
- ☐ Skin or whites of your eyes appear yellow
- ☐ Skin rash or itching
- ☐ Bruises, or red or purple spots on your skin that you cannot explain
- ☐ Nosebleeds, or bleeding from your gums or around your teeth
- ☐ Shortness of breath
- ☐ Pain or tingling in your hands, arms, or legs
- ☐ Feelings of sadness or depression

Please talk to your doctor or nurse if you have any questions or concerns about treatment for latent TB infection.

Doctor/Clinic Contact Information

Name of the staff caring for you: _____

Phone number: _____

Address: _____

Hours: _____

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