

SAMPLE 1 – Community Counseling Resume

Michael Harris

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Licensure

Illinois Licensed Professional Counselor (LPC), August 2013

Education

DePaul University- Master of Education in Community Counseling, Spring 2013

University of Chicago- Bachelor of Arts in Cognitive Psychology, December 2009

Counseling Experience

Alexian Brothers Behavioral Health Hospital, Hoffman Estates, IL, August 2011- June 2012

Counselor and Case Manager- Intern

- Participated in weekly seminars with topics surrounding the assessment and treatment of individuals meeting criteria for Axis I and Axis II diagnosis within a CBT framework
- Admitted patients to the adult partial hospitalization program through clinical interviewing, assessment and treatment planning
- Conducted case management for consistent 2 patient case load
- Provided individual and group therapy for adults struggling with Axis I and Axis II disorders
- Co-facilitated psycho-educational lectures on addiction, grief and loss, stress management, assertive communication, cognitive distortions and relapse prevention
- Presented cases in weekly clinical staffing to senior clinical staff and psychiatrists
- Maintained client progress notes for intensive review and continuity of care
- Collaborated with various outpatient community outreach services to support clients with transitions

Center on Halsted, Chicago, IL, July 2010- January 2011

Volunteer

- Served as volunteer for 2011 Out for Work Conference and representative of Center on Halsted
- Collaborated with staff members to develop a plan for SAGE (Services and Advocacy for GLBT Elders) patron access to the city of Chicago's Benefits Check-Up program
- Conducted Intake sessions to gain client information for the ACCESS program and SAGE database
- Connected with LGBT seniors through the SAGE lunch program to gather sense of needs and support

Professional Development

Alexian Brothers Behavioral Health Hospital, Hoffman Estates, IL, August 2012

- Received training and certification from the Crisis Prevention Institute on nonviolent crisis intervention; including, nonviolent verbal intervention, nonviolent physical intervention and restraint procedures
- Certified in cardiopulmonary resuscitation for infants, youths and adults from AMA

Community Health Center of Chicago, October 14-15, 2011

Participated in a two day, 12 hour, seminar on Mental Health First Aid

- Participated in lectures and exercises on best practices of mental health and first aid procedures
- Engaged in active learning about emotional, behavioral, and physical symptoms of illnesses such as depression, bipolar disorder, anxiety disorders, schizophrenia and substance use disorders
- Received certification as a mental health first aider

Community Outreach

- Volunteer, Dog Town, PAWS, 2010-Current
- Literacy Volunteer and Post-Secondary Mentor, V-Write Program, Open Books, 2011-Current

