# SAMPLE 2 – Community Counseling Resume

## **Haydee Maria Ortiz**

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#### **LICENSURE**

Illinois Licensed Professional Counselor (LPC), Expected October 2013

#### **EDUCATION**

Master of Arts in Counseling, Concentration in Community Counseling, DePaul University, Chicago, IL, June 2013 Bachelor of Science in Psychology, Grinnell College, Grinnell, IA, May 2010

#### COUNSELING RELATED EXPERIENCE

New Insights Mental Health Center, Chicago, IL., September 2012 – Present Counseling Intern

- Counseling individuals and assisting in skill building for adults with severe and persistent mental illnesses, and those with co-occurring substance abuse/use disorders
- Co-Facilitated Therapy Groups: Symptom Management for Anxiety Disorders, Women Support, Dialectical Behavioral Therapy, Loss and Reflection through Art
- Assisted clients with case management issues such as creating treatment plans, finding housing, job placement
- · Consulted with supervisors, staff and other counseling interns regarding cases and resources
- Participated in bi-weekly trauma trainings; Other trainings: Bereavement, CBT, Treating Eating disorders

#### National Runway Switchboard, Chicago, IL., January 2011 – July 2012

Crisis Line Volunteer

- Provided guidance to runaway youth, parents and their families dealing with issues of running away, prostitution, drug abuse, homelessness child abuse, returning home, suicide and gender identity
- Implemented crisis intervention and mediation to help callers and their families
- Completed 40 hour crisis-line certification training
- Collaborated and consulted with full time clinician staff regarding crisis intervention and resource referrals
- Participated in continue education classes: Understanding and Supporting the Healthy Development of LGBTQ Adolescents, Harm Reduction Training & Trauma Informed Care Training

### New Beginnings Counseling Center, Grinnell, IA, November 2008 – May 2010

Teen Group Facilitator

- Conducted support group for pre-teens and teens (12-18) following the death of a loved one
- Created activities and facilitated discussions to help teens reflect and move forward in their grief
- Supported adolescents in exploring feelings of anger, frustration, loss anxiety, and depression
- Participated in a two day loss and bereavement training

## PROFESSIONAL RELATED EXPERIENCE

Counseling and Special Education Department, DePaul University, Chicago, IL. September 2011-June 2012 Graduate Assistant

- Competed literature reviews and edited curriculum vitae, articles, and transcriptions for faculty
- Assisted in statistical analysis using SPSS for faculty research

#### PROFESSIONAL MEMBERSHIPS

American Counseling Association Member American Mental Health Counselors Association

## **SKILLS**

- Values and Skills Card Sort
- MBTI & Strong Interest Inventory
- Crisis Intervention & Mediation

- Case Management
- DBT & Social Skills Training
- SPSS